

EMERGENCY NUMBERS		
CRISIS CENTER (24hrs.)	1301 Piccard Drive, Rockville	240-777-4000
Child Abuse	24-hour reporting line	240-777-4417
Domestic Violence	National Domestic Violence Hotline	800-799-7233
	Montgomery County Hotline	240-777-4673
	Family Justice Center (in Rockville)	240-773-0440
	JCADA	301-315-8041
Human Trafficking	National Resource Center	888-373-7888
Mental Health Crisis	Crisis Center	240-777-4190
	Mental Health Association Hotline	240-738-2255
	Affiliated Community	301-251-8965
Rape/Sexual Assault	Sexual Assault Crisis Line	240-777-4357
	National Sexual Assault Hotline	800-656-4673
Shelter/Crisis Response		240-777-4000
Non-Emergency Police		301-279-8000
Suicide	go to a local emergency room!	911
	National Suicide Prevention Hotline	800-784-2433

ALL REQUESTS – Information Hotline 2-1-1
Maryland provides a link to community health and human service resources statewide
24 hours a day, 7 days a week, in over 150 languages. 211

Adult Education/GED Classes/External High-School Diploma
Montgomery College Adult Literacy/GED Program 240-567-8950

Budgeting/Debt Counseling Resources
FDIC Money Matters,
<https://www.fdic.gov/consumers/consumer/moneysmart/mscbi/mscbi.html>
Money Management International 866-889-9347

Burial Assistance
Contact the local DHHS office. 240-777-4550

Children's Services
Infants and Toddler's Program (support for children ages 0-3) 240-777-3997
Child Support 800-332-6347
Child Care Subsidy 240-777-1155

Clothing
Catholic Charities Family Ctr., 12247 Georgia Ave. Silver Spring 301-942-1790 x8100
Interfaith Clothing Center, 751 Twinbrook Pkwy., Rockville 301-424-3796
Bethesda Cares 7728 Woodmont Ave 301-907-9244

Counseling
Mental Health Core Services Agency (call for information & referral) 240-777-1400
1301 Pickard Dr., Rockville

Counseling (continued)
Affiliated Sante, 1400 Spring St., Suite 100, Silver Spring 301-589-2303
Behavioral Health Partners, 604 Solarex Ct., Frederick 301-663-8263 x226
Rebecca Mullan -Family Counseling mullan@stjromes.org 301-927-6684 x13

Day Program
Bethesda Cares 7728 Woodmont Ave 301-907-9244
Interfaith Works Empowerment Center: 8106 Georgia Ave. S.S. 301-585-4471
Interfaith Works-Wilkins Women's Center: 12250 Wilkins Ave 301-770-2413

Dental Care
Catholic Charities' Dental Clinic: Silver Spring, 12247 Georgia Ave. 301-933-0868
Catholic Charities' Dental Clinic: DC, 1618 Monroe St. NW 202-939-2400
Catholic Charities' Dental Clinic: PG, 859 Allentown Way, Temple Hill 301-615-0940
Colesville Dental Clinic, 14105 New Hampshire Ave., Silver Spring 301-384-9795

Disability Services (supported employment, job training, transportation, etc.)
Aging and Disability Resource Unit 240-777-3000

Employment Search Resources
Arbor ResCare 301-562-8180
WorkSource Montgomery 11160 Veirs Mill Rd #100, Wheaton 301-929-4350
Spanish Catholic Center: Gaithersburg, 201 E. Diamond Ave., 3rd Floor 301-740-3251
Spanish Catholic Center: DC, 1618 Monroe St. NW 202-939-2400

Eye Care
Exams - Shepherd's Table Clinic, 8219A Colonial Lane, Silver Spring 301-585-6463
Exams, Glasses, Surgery - Lions Club 301-599-7600
Glasses - Bethesda Cares, 7728 Woodmont Ave., Bethesda 301-907-9244
Glasses - Prevention of Blindness, 2216 Rhode Island Ave. NE, DC 202-269-0203

Food - Groceries
WIC Hotline (food assistance for women, infants, children) 301-762-9426
Manna Food Center (several locations, call for info. and referral) 301-424-1130
SHARE Program, www.sharedc.org 301-864-3115
(pay \$21 for \$40-45 of groceries, EBT welcome, local sites in DC and MD)

Food - Meals
Bethesda (M-F 12:45-1:45pm, 16th-end of month), Christ Lutheran, 8011 Old Georgetown
Bethesda (Sun 5pm-6pm) Our Lady of Lourdes Catholic Church, 7500 Pearl St.
Gaithersburg (M-Sat, 3:30-4:30, Sept-June), St. Martin's Catholic, 201 S. Frederick Ave.

Furniture (call first, you must provide transportation)
Capitol Heights - Mission of Love, 6180 Old Central Ave. 301-333-4440
Damascus – Damascus Help 301-253-4100
Silver Spring - A Wider Circle (referral preferred) 301-608-3504

Health Care

Catholic Charities' Medical Clinic: Silver Spring, 12247 Georgia Ave 301-434-8985
Catholic Charities' Medical Clinic: DC, 1618 Monroe St. NW 202-939-2400
Montgomery Cares (care for the uninsured) 240-777-4498
HIV/STD Test – Dennis Ave. Health, 2000 Denis Ave. Silver Spring 240-777-1760
Community Clinic- Silver Spring (man and women) 301-585-1250

Housing Search Resources/ Strategies

Victory Housing (Archdiocese of Washington affordable housing) 301-493-6000
www.victoryhousing.org
Public Housing, Housing Choice Vouchers 240-627-9400
In-House Section 8 www.hocmc.org
Maryland Housing Search Website, www.mdhousingsearch.org

Immigrant-Focused Services

Catholic Charities' Immigration Legal Services. 202-772-4352
Walk-in Intake (First Come/First Served. (\$80 Consultation fee):
Tues., 9:30 AM 924 G Street NW, DC
Wed., 8:30 AM 1618 Monroe St. NW, DC
Thurs., 8:00 AM 12247 Georgia Ave. Silver Spring (Closed last Thurs. of month)
Group Talk in Spanish (\$40 fee/consultations in English:
Wednesdays 12noon 201 East Diamond Ave; 3rd. Floor, Gaithersburg

Income Support Programs

DHHS Germantown, 12900 Middlebrook Rd., Germantown 240-777-3420
DHHS Rockville, 1301 Piccard Dr., Rockville 240-777-4600
DHHS Silver Spring, 8818 Georgia Ave., Silver Spring 240-777-3075

Legal Assistance

Catholic Charities' Archdiocesan Legal Network (English) 202-350-4305/ 202-772-1201
Catholic Charities' Archdiocesan Legal Network (en Español) 202-772-4325
Legal Aid Bureau 301-560-2100
Bar Foundation Pro-bono 202-424-7651
Legal Aid 240-314-0373
Shepherd's Table 301-585-6463

Library (internet, computer classes, movies, free children's programs) 240-777-0001
Rockville Library (main county branch), 21 Maryland Ave., Rockville 240-777-0002

Phone

Assurance Wireless, (free phone with 250 minutes/month) 1-888-898-4888

Prison Outreach

Prison Outreach Ministry (Welcome Home), mentoring program 202-772-4300, x040
Montgomery County Re-Entry, 11651 Nebel St. Rockville MD 240-773-4211

Rental/Mortgage Assistance

Emergency Mortgage Assistance, www.mdhope.org 1-877-462-7555
HUD's Making Home Affordable Program, www.makinghomeaffordable.gov

Pregnancy/Parenting

Shady Grove Pregnancy Center, 16220 Frederick Rd., Gaithersburg 301-963-6223
Rockville Pregnancy Center, 12730 Twinbrook Parkway, Rockville 301-770-4444
Catholic Charities' Sanctuaries for Life Program 301-441-1472, x122
Gabriel Project 1800-264-3565
Rachael Program 301-982-2008

Senior Citizens

Aging and Disability Resource Unit 240-777-3000

Street Outreach

People Encouraging People: 255 N. Stonestreet Ave 301-637-6700
City of Gaithersburg: 1 Wells Avenue 301-258-6390
Community Vision: 8210 Dixon Ave 301-585-4471

Shelter (Emergency) & Homelessness

****Contact the Crisis Center first (24 hours/day) ****

1301 Piccard Drive, Rockville MD 240-777-4000
Men Bethesda House, 4848 Cordell Ave., Bethesda 301-907-9597
Carroll House, 2699 Linden Ln., Silver Spring 301-942-1790
Women Laytonsville Havens, 5834 Riggs Rd., Laytonsville 301-762-3363
Dorothy Day Place, 251 North Stonestreet Ave., Rockville 301-762-8314
Family Stepping Stones, Rockville 301-251-0567
Baptist Home for Children & Families, Bethesda 301-365-2190 x 126
Helping Hands, 622 North Homers Ln., Bethesda 301-340-2796

Substance Abuse Treatment Programs

Montgomery County Addiction Services Coordination 240-777-4710

Transportation

Medicaid Transportation 240-777-5890
Metro Access (for disabled and senior citizens) 301-562-5360
Call N' Ride (for disabled or persons aged 67+) 301-948-5409
Senior Connection (rides to doctor for persons aged 62+) 301-962-0820
Connect-a-Ride (transportation for persons aged 50+) 301-738-3252

Utility Assistance

Contact the local DHHS office. See "Income Support Programs."

MEAP (Maryland Energy Assistance Program) 240-777-4450
EUSP-Electric Universal Services Program 240-777-4450

Veterans Support

WorkSource Montgomery- 11002 Veirs Mill Rd. David Coxe 240-567-5405

VITA-Volunteer Income Tax Assistance

FREE tax preparation services 240-777-1123

(in alphabetical order by type of assistance requested)

EMERGENCY NUMBERS		S = Services also provided in Spanish
		S= Servicios en Español
Abused Adults	DC Adult Protective Services	202-541-3950
Abused Children	DC Child & Family Services	202-671-7233
Domestic Violence	National Domestic Violence Hotline	1-800-799-7233
	JCADA (Jewish Coalition Against DV)	1-301-315-8041
Human Trafficking	National Resource Center	1-888-373-7888
Mental Health Crisis	DC Mobile Crisis Service-Adult	202-673-9300
	DC Access Help Line	1-888-793-4357
Rape/Sexual Assault	DC Rape Crisis Center Hotline	202-333-7273
	National Sexual Assault Hotline S	1-800-656-4673
Shelter	DC 24-Hour Emergency Shelter Hotline	800-535-7252
Suicide	go to a local emergency room	911
	National Suicide Prevention Hotline S	1-800-273-8255

ALL REQUESTS – Information Hotline

DC Human Services hotline, www.answersplease.dc.gov call 211 or 202-463-6211

Adult Education/GED Classes/External High-School Diploma

Literacy Helpline, dclibrary.org/node/5510 202-727-2431
Academy of Hope, (sites in NE & SE) 202-269-6623
Byte Back (computer literacy), 815 Monroe St. NE 202-529-3395

Budgeting/Debt Counseling Resources

FDIC Money Smart,
<https://www.fdic.gov/consumers/consumer/moneysmart/mscbi/mscbi.html>
Capital Area Assets Builders (CAAB), 1444 I St, NW 202-419-1440

Burial Assistance

DC Burial Assistance Program, 645 H Street, NE (ESA Service Center) 202-698-4112

Case Management/Walk-in Social Worker Services

Miriam's Kitchen, 2401 Virginia Ave. NW, M-F 6:30-9:45a; 2:30-5:45p 202-452-8926
So Others Might Eat (S.O.M.E.), 71 "O" St. NW, M-F, 8am intake 202-797-8806
Bread for the City, 1640 Good Hope Rd., M-Thurs, 9:30-11:30am 202-265-2400
Bread for the City, 1525 7th St. NW, Mon,Tues,Thurs, 9-11am or 1-3pm 202-561-8587

Children's Services

Champs (mobile psychiatric crisis service – 24/7; ages 6-18) 202-481-1440
Child Care Vouchers, 4001 South Capitol St. SW 202-727-0284
Urban Alliance (paid internships for high school seniors) 202-459-4300

Clothing

Bread for the City, 1640 Good Hope Rd. SE 202-561-8587
(Free; T, W, R 10am-2pm. Free; bring your own bag)
So Others Might Eat (S.O.M.E.), 71"O" St. NW (T, F 8:30-11:30) 202-797-8806

Counseling

Catholic Charities Anchor Mental Health, 1001 Lawrence St NE, DC 202-635-5400
DC Department of Mental Health (DMH) 24-Hour Helpline 888-793-4357
DMH, 35 K St. NE, 8:30am-3pm (walk-in psychological assessments) 202-442-4202
Grief Counseling – Wendt Center, 4201 Connecticut Ave. NW 202-624-0010
Comprehensive Psychiatric Emergency Program 202-673-9319

Dental Care

Catholic Charities' Spanish Catholic Center, 1618 Monroe St. NW **S** 202-939-2400x4
So Others Might Eat (S.O.M.E.), 71 "O" St. NW 202-797-8806

Domestic Violence

Ayuda, Inc, **S** 202-387-4848
DASH Resource Clinic, every Wed, 1-3:30pm 202-425-7573
House of Ruth 202-667-7001x51

Disability Services (supported employment, job training, etc.)

Department of Disability Services, 1125 15th Street NW 202-730-1700

Economic Security Administration (ESA) Service Centers (formerly called IMA)

(Food stamps/Medicaid/TANF- all locations. Temporary disability - H Street only.)
Hours: Monday-Friday 8:15am- 4:45pm; extended hours until 8pm on Wednesdays
Anacostia, 2100 Martin Luther King Jr. Ave., SE **S** 202-645-4614
Congress Heights, 4001 South Capitol Street, SW **S** 202-645-4525
Fort Davis, 3851 Alabama Ave., SE **S** 202-645-4500
H Street, 645 H Street, NE (also provides temporary disability funds) **S** 202-698-4350
Taylor Street, 1207 Taylor Street, NW **S** 202-576-8000

Eye Care

Exams - So Others Might Eat (S.O.M.E.), 71 "O" St. NW 202-797-8806
Exams - Washington Hospital Center, 110 Irving St. NW **S** 202-877-3937
Glasses - Prevention of Blindness, 2216 Rhode Island Ave. NE 202-269-0203

Financial Stability Network

Free financial education, tax services and more. (FSN@cc-dc.org) 202-772-7947

Family Support

Strong Families (DC Dept. of Human Services) 202-698-4293
Far Southeast Family Strengthening, 2041 MLK Jr Ave. SE 202-889-1425

Food - Groceries

Capital Area Food Bank Hunger Lifeline 202-639-9770
DC Food Finder (sources closest to any DC address) www.dcfoodfinder.org
Food Stamps (now called "SNAP", look under "Economic Security Administration" sites)
WIC Hotline (Women, Infants, Children – food) 800-345-1942
SHARE Program, www.sharedc.org 301-864-3115
(pay \$20 for \$40-45 of groceries, EBT welcome)

Food - Meals

S.O.M.E., 71 "O" St. NW, daily, 7-8:30am, 11-1pm 202-797-8806
Miriam's Kitchen, 2401 Virginia Ave. NW, M-F 6:30-8am; 4:45-5:45p 202-452-8926

Furniture (call first, you must provide transportation)

Mission of Love, 6180 Old Central Ave., Capitol Heights, MD 301-333-4440
A Wider Circle, Silver Spring, MD 301-608-3504

Health Care

Catholic Charities' Spanish Catholic Center, 1618 Monroe St. NW **S** 202-939-2400
Affordable Care Act // DC Health Link **S** 855-532-5465
So Others Might Eat (S.O.M.E.), 71 "O" St. NW 202-797-8806
Unity Health Care Clinics (for the under and un-insured) 202-715-7901
Medicare/Medicaid Insurance (look under "*Economic Security Administration*" sites) 202-715-7901

HIV Testing/Support

Family and Medical Counseling Service, 2041 MLK Jr. Ave. SE, #303 202-889-7900
Metro Health, 1012 -14th St. NW, Suite 700 202-638-0750

Housing Search Resources/ Strategies

Housing Counseling Services, 2410 17th Street, NW 202-667-7006
(session every Thursday at 4pm on looking for housing in DC)
DHCD Housing Resource Center, 1800 MLK Ave. SE (8:30a-3:30p) 202-442-9505
Database of housing options: www.dchousingsearch.org
Victory Housing (an ADW program) www.victoryhousing.org 301-493-6000
Check: realtors, City Paper (Thurs), Washington Post (Sat & Sun), consider roommate.

Identification/Birth Certificates

Salvation Army, 1434 Harvard St. NW (Wed & Thurs, call first) 202-332-5000
Foundry Methodist Church, (requires an online referral by a social services agency)

Immigrant-Focused Services

Catholic Charities' Immigration Legal Clinics, (arrive early, \$80 consultation fee)
Tuesdays, 9:30 AM 924 G Street NW
Wednesdays, 9:00 AM 1618 Monroe St. NW
Catholic Charities' Spanish Catholic Center, 1618 Monroe St. NW **S** 202-939-2400
CARECEN, 1460 Columbia Road NW, Suite C-1 (only) **S** 202-328-9799
Ayuda, 6925 B Willow Street NW **S** 202-387-4848

Job Search Resources

Catholic Charities Employment Referrals **S** 202-939-2400
DC Department of Employment Services (DOES) 202-724-7000
Jubilee Jobs, 1640 Columbia Road. NW. 202-229-1240
Samaritan Ministry, 1345 U St. SE (889-7702) or 1516 Hamilton St. NW 202-722-2280

Legal Assistance

Catholic Charities Legal Network **S** 202-350-4305 // 202-772-4325
Bread for the City, 1525 7th St. NW (walk-in Monday 1-3pm) 202-265-2400
Bread for the City, 1640 Good Hope Rd., SE (walk-in Monday 1-3pm) 202-587-0527
Legal Aid Society **S** 202-628-1161
University Legal Services 202-547-4747
Washington Legal Clinic for the Homeless 202-328-5500

Library (internet, computer classes, movies, free children's programs)

Martin Luther King Jr., 901 G St. NW, (or call for 25 branch offices) 202-727-0321

www.CatholicCharitiesDC.org

Phone

Assurance Wireless, (free phone with 250 minutes/month) **S** 888-898-4888

Pregnancy/Parenting

Catholic Charities' Sanctuaries for Life Program 301-441-1472
Northwest Pregnancy Center, 2702 Ontario Road, NW 202-483-7008
Healthy Babies Project, 4501 Grant Street, NE 202-396-2809

Prison Outreach

Catholic Charities, Welcome Home Reentry Program **S** 202-772-4300x040
Voices for a 2nd Chance, 1422 Mass Ave. SE 202-544-2131

Rental/Mortgage Assistance (must call for an appointment)

Catholic Charities' SE Family Center, 2812 Pennsylvania Ave., SE 202-338-3100
Community Partnership/ Virginia Williams, 920 Rhode Island Ave NE 202-526-0017
Housing Counseling Services, 2410 - 17th St. NW, Suite 100 202-667-7339
Salvation Army, 1434 Harvard Street NW, Suite B 202-332-5000
Salvation Army, 2300 Martin Luther King Ave. SE 202-678-9771
Dept. Housing & Community (mortgages), www.dhcd.dc.gov 202-442-7200
HUD's Making Home Affordable Program, www.makinghomeaffordable.gov
Tenant Survival Guide: <http://ota.dc.gov/node/374252>

Senior Citizens (60+)

DC Office on Aging, 441 4th Street, NW, Suite 900 202-724-5622

Shelter (Emergency) & Homelessness

Men 801 East, 2700 Martin Luther King Jr. Ave. SE **S** 202-561-4014
New York Avenue Shelter, 1355 New York Ave. NE 202-832-2359
Women Josephine Bakhita Shelter for Women 6010 Ga. Ave NW 202-829-0420
Open Door Shelter, 425 2nd Street NW 202-393-1909
Harriet Tubman, 1900 Massachusetts Ave. SE 202-795-9966
Family Virginia Williams, 920 Rhode Island Avenue, NE 202-526-0017
(Central intake for displaced DC families, 8:30-4pm, M-Th)
Day Capitol Hill Group Ministry, 1338 G Street SE 202-544-3150
(Mon-Fri 8am-6pm. Shower, computer, phone, laundry, kitchen facilities)

Substance Abuse Treatment Programs

District of Columbia Free Rehab Center.org 1-800-780-2294
Clean and Sober Streets, 425 2nd St. NW (9am-7pm) 202-783-7343
Assess & Refer Ctr. DBH 75 P St, N.E. 202-727-8473

Transportation (call first)

Father McKenna Center, 19 Eye St. NW 202-842-1112
Thrive DC, 1525 Newton St. NW **S** 202-737-9311
Travelers Aid (stranded travelers) Union Station, 50 Mass Ave. NE 202-371-1937

Utility Assistance

DC Energy Assistance Program 311 or 202-673-6750
Strong Families (DC Dept. of Human Services) 202-698-4293
Salvation Army 202-332-5000
Greater Washington Urban League 202-265-8200

Veterans Support

DC Vet Center, 1250 Taylor St. NW (8:30am-4:30pm M-F) 877-927-8387

Please feel free to share or reproduce this guide.

Quick Resource Guide – DC (Page 2 of 2)

EMERGENCY NUMBERS		S = Services also provided in Spanish	S = Servicios en Español
Child Abuse	Prince George’s County Child Protection	S	301-909-2450
Family Justice Center	Prince George’s County 14757 Main Street, Upper Marlboro, 20772	S	301-780-8008
Domestic Violence	Family Crisis Center (shelter and counseling) 3601 Taylor Street, Brentwood, MD		301-731-1203
	JCADA	S	301-315-8041
	House of Ruth	S	240-293-2302
Human Trafficking	National Resource Center Thuba Roush, Case Manager Catholic Charities	S	888-373-7888 202-635-5957
Rape/Sexual Assault	PG County Hospital Sexual Assault Center 3001 Hospital Drive, Cheverly, MD	S	301-618-3154
	National Sexual Assault Hotline	S	800-656-4673
Homeless Shelter	Prince George’s County Shelter Hotline		301-864-7140 S 888-731-0999
Suicide	go to a local emergency room or dial		911
	National Suicide Prevention Hotline	S	800-784-2433

ALL REQUESTS – Information Hotline

Need Help? Dial 2-1-1

2-1-1 Maryland provides a link to community health and human service resources statewide 24 hours a day, 7 days a week, in over 150 languages.

Budgeting/Debt Counseling Resources

FDIC Money Matters,

<https://www.fdic.gov/consumers/consumer/moneysmart/mscbi/mscbi.html>

Money Management International

S 866-889-9347

Catholic Charities Mona Center:

5859 Allentown Way, Temple Hills, MD 20748 301-615-0950
 Health Clinic (T, W, T) (8:00am – 4:00pm) 240-563-1026
 Dental Clinic (M-F) Time: 8:00am-5:00pm by appointment **S** 301-615-0940
 Legal Services 202-350-4305
 Immigration Legal Services 202-772-4353

Burial Assistance

Department of Social Services **S** 301-209-5000

Case Management/Walk-in Social Worker Services

Child, Adult & Family Social Services, 925 Brightseat Rd., Landover **S** 301-909-2000
 Community Services, 425 Brightseat Rd., Landover **S** 301-909-6330
 DSS, Family Investment, 6505 Belcrest Rd., Hyattsville **S** 301-209-5000
 DSS, Family Investment, 4235 28th Avenue, Temple Hills **S** 301-316-7700

Children’s Services

Early Start **S** 240-724-7924
 PG services for homeless children **S** 301-925-2482
 Latin American Youth Center, 6200 Sheridan St. Riverdale, MD **S** 301-779-2851

Clothing

Sacred Heart Catholic Church, 16501 Annapolis Rd., Bowie 301-262-0704
 St. Michael Clothes Closet, Brandywine (W, F. 10:00am -1:00pm) 240-681-3551
 Shabach Clothing Closet, Landover (call; by appointment; T, W, T) 301-322-9593
 Mission of Love Charities, 6180 Old Central Ave., Capitol Heights **S** 301-333-4440

Counseling on Mental Services

National Alliance on Mental Illness 301-429-0970
 University of Maryland Center for Families 301-405-2273
 Pro-bono Counseling Project **S** 877-323-5800
 Prince George’s County Crisis Services **S** 301-429-2185

Dental Care

Howard University Dental Clinic, 600 W St. NW, Washington, DC 202-806-0008

Disability Services (supported employment, job training, etc.)

Catholic Charities Kennedy Institute, Lanham 301-731-4703 x 301
 Developmental Disability Administration, Laurel (Funds X disables) **S** 301-362-5100
 Maryland Disability Law Center, Baltimore **S** 410-727-6352
 PG Department of Family Services (www.pgspn.org) 301-265-8400
 DORS (Division of Rehabilitation Services), Lanham 301-306-3600
 New Horizons 301-249-0206
 PG Department of Developmental Disabilities 301-498-2910 301-925-7050

Food - Groceries

Food Stamps (SNAP) call Department of Social Services (DSS) **S** 301-209-5000
 PG County WIC (food for Women, Infants, Children) **S** 301-856-9600
 FISH of Laurel (Elizabeth House) 240-547-9013
 PG Food Assistance Program **S** 301-909-6343
 Bowie Interfaith Pantry and Aid fund 301-262-6765
 Community Support Systems, Inc. 14070 Brandywine Rd. 20613 301-372-1491
 Mission of Love Charities, 6180 Old Central Ave., Capitol Heights **S** 301-333-4440
 Help by Phone (for the nearest food pantry) 301-699-9009
 SHARE Program, www.sharedc.org 301-864-3115

Food - Meals

Community Café, First United Methodist, 6201 Belcrest Road, Hyattsville 301-927-6133
 hot meal services: M, T, W, F at 12:30 p.m.
 St. Jerome, 5207 42nd Place, Hyattsville 301-927-6684
 hot meal on Thursday at 12:30 p.m.
 Elisabeth House, 308 Gorman Avenue, Laurel 240-547-9013
 hot meal 6:30 p.m. daily dinner + packed lunch

Furniture (call first, you must provide transportation)

Mission of Love Charities, 6180 Old Central Ave., Capitol Heights **S** 301-333-4440
 A Wider Circle, Silver Spring (providing Furniture and clothing) **S** 301-608-3504

Health Care

Maryland Health Exchange Enrollment	S	1 855 642-8572
Catholic Charities Medical Clinic (for all under and un-insured persons) 1618 Monroe St., NW, Washington, DC	S	202-939-2400
Kaiser Care for Kids Program (information center)	S	301-324-2925
Help by Phone (help with one prescription)		301-699-9009
Partnership for Prescription Assistance (www.pparx.org)	S	888-477-2669

Homeless Day Center:

PG Plaza Day Center: 6800 Adelphi Rd. Hyattsville MD. Provides: Laundry, Showers, Free Food, Clothing, a place to rest. (T.T) From 1:00pm – 6:00pm. 301-922-7054

Housing Search Resources/ Strategies

Housing search - <http://mdhousingsearch.org/>
Victory Housing (an ADW program) www.victoryhousing.org 301-493-6000
Check: realtors, Washington Post (Sat & Sun), The Gazette, grocery store bulletin boards, consider sharing with a roommate.

Identification/Birth Certificates

Birth Certificates – Vital Records, 425 Brightseat Rd., Hyattsville, MD 301-324-2940

Immigrant-Focused Services

Catholic Charities Immigration Legal Services (Temple Hills by Appt.) S 202-772-4352
CASA de Maryland, 731 University Blvd. East, Silver Spring S 301-431-4185

Job Search Resources

Workforce Services of PG County S 301-618-8425
PG One-Stop Career Center, 1801 McCormick Drive, Largo 301-618-8400
PG One-Stop Career Center, 312 Marshall Avenue, Suite 504, Laurel 301-362-9714
PG County Job Resources for Youth 301-883-6200
Maryland employment opportunities: <https://mwejobs.maryland.gov>

Legal Assistance

Catholic Charities Legal Network	202-350-4305	S	202-772-4325
Metropolitan Maryland Legal Aid		S	888-215-5316
Community Legal Services	240-391-6395	S	240-391-6370
Catholic Charities Immigration		S	202-772-4352
CASA de Maryland, 8151 15 th Ave., Hyattsville		S	301-431-4185

Library (internet, computer classes, movies, free children's programs)

6532 Adelphi Rd, Hyattsville (visit or call for another branch information) 301-699-3500

Phone

Assurance Wireless, (free phone with 250 minutes/month) S 888-898-4888

Pregnancy/Parenting

Catholic Charities' Sanctuaries for Life Program	S	301-441-1472
Forestville Pregnancy Center, 3611 Branch Ave. Marlow Heights, MD		301-423-0063
Laurel Pregnancy Center, 415 Main Street, Laurel, MD 20707		301-776-9996
Bowie Crofton Pregnancy Center, 4341 Northview Dr. Bowie, MD		301-262-1330
		443-333-8856
Gabriel Network Bowie, 2137 Defense Hwy, Crofton, MD 21114	S	800-264-3565

Prince George's County

Housing for Aging and disabilities Services Division 301-883-5501

Prison Outreach

Prison outreach Ministry (Welcome Home), mentoring program 202-772-4300, X040

Rental/Mortgage Assistance

Laurel Advocacy and Referral (zip codes 20707, 08, 23, 24)	301-776-0442
PG County Eviction Prevention Program	301-909-6362
Bowie Interfaith Pantry & Aid Fund, 2614 Kenhill Dr, Bowie (city only)	301-262-6765
Community Support Systems, 14070 Brandywine Rd., Brandywine	301-372-1491
Salvation Army, 4825 Edmonston Rd. Hyattsville	301-277-6103
Bethel House, 6810 Floral Park Rd., Brandywine	301-372-1700
U-CAP (United Communities Against Poverty) – rent/utility assistance 1400 Doewood Lane, Capitol Heights (Shelter, and Food pantry also)	301-322-5700
Housing Initiative Partnership, (Mortgage) 6525 Belcrest Rd. Hyattsville	301-699-3835
Maryland Hope (Mortgage)	877-462-7555
HUD's Making Home Affordable Prog. www.makinghomeaffordable.gov	888-995-4673

Senior Citizens (60+)

PG County Department of Aging (60-65yrs. Senior Housing)	301-265-8450
Catholic Charities' Answers for Aging (Housing)	410-646-0100
Meals on Wheels (Senior only with physical problems, M-F)	301-265-8475
Senior Nutrition (Brandywine)	301-265-8475
Dept. of Housing and Community Development 9400 Peppercorn Place, Landover (apply for senior citizens housing)	301- 883-5501

Substance Abuse Treatment Programs

Men, woman	3001 Hospital Drive, Cheverly	S	301-583-5920
	9314 Piscataway Road, Clinton		301-856-9400
Irving counseling Institute			
Alcoholics Anonymous – Washington Area Intergroup (AA-DC.ORG)			202-966-9115
Hope House, 419 Main Street, Laurel (Drugs & Alcohol)			301-490-5551

Transportation

Travelers Aid (stranded travelers) Union Station, 50 Mass Ave. NE, Washington, DC			202-371-1937
Call-A-Bus (for those not served by, or cannot use, metro or bus)			301-499-8603

Utility Assistance

MEAP (Maryland Energy Assistance Program)	S	800-332-6347
Labor of Love (Rent also when funds are available)		301- 735-0121

Veterans Support

National Call Center for Homeless Veterans		877-424-3838
Maryland Department of Veterans Affairs	S	877-770-4801
Veterans First (Housing Services)		202- 658-9599
Veterans Crisis Line (Suicide Prevention)	S	800-784-2433

S = Services also provided in Spanish

S = Servicios en Español